

| question | answer | page |
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| Who is the author of <i>Guts</i> ? | Raina Telgemeier | cover |
| What did Raina's mother tell her to do to feel better when she had a stomach ache at night? | Throw up | 3 |
| Why did the water Raina's mom gave her taste sweet? | They had artichokes for dinner and the chemical in them makes water taste sweet. | 5 |
| What did most students like to do to each other all through 4th grade? | Gross each other out. | 8 |
| What did Teddy Shanahan do at the end of recess? | Barfed in the middle of the yard and dropped his pencil in it. | 9 |
| What mean name did everyone call Teddy when he came back to school after being sick? | Pencil puke | 10 |
| What type of kid was Raina most of the time? | Nervous, self-conscious shy, and quiet | 11 |
| What is kimbap and jumuk bap? | Korean food | 12 |
| What was Raina's little brother's name? | Will | 14 |
| What were the only things Raina's 1 $\frac{1}{2}$ year old brother, Will, ate? | Baby carrots, taco shells, grated cheddar cheese, and raw spaghetti | 14 |
| What did Raina's 5 year old sister, Amara, eat? | Salad, french fries, and ketchup | 14 |
| What was Raina's mom's idea of a perfect meal? | A glass of milk, a steamed artichoke, and mayonnaise | 16 |
| What did everyone in Raina's family like to eat? | guacamole | 16 |
| What did Raina's family have for dinner four nights a week? | tacos | 17 |
| What did the doctor think might be making Raina sick? | Hormones or food poisoning | 26 |
| How did Raina feel when she was really sick but couldn't throw up? | scared | 27 |
| What did Raina's teacher tell her about how she solved problems? | Visually by drawing pictures | 29 |

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| Where was the most peaceful place in Raina's house? | The bathroom | 30 |
| What were the names of Raina's two friends who were in her class? | Jane and Nicole | 33 |
| What was the name of the mean girl in Raina's class? | Michelle | 33 |
| What was the name of Raina's 5th grade teacher? | Mr. Abrams | 33 |
| What grades did Raina have Mr. Abrams as a teacher in? | 2nd and 5th | 33 |
| What did LDI stand for that the 5th graders did? | Lecture, Demonstration, or Instruction | 34 |
| When were LDIs given orally in Mr. Abram's classroom? | Every Tuesday | 34 |
| What did Tai want to do for his LDI? | Burp the alphabet | 34 |
| Why didn't Raina like the idea of the LDIs? | She hated talking in front of the class. | 35 |
| Who paired up with Raina to do the LDI? | Jane | 36 |
| What did Raina only do at Jane's house? | Play video games | 36 |
| What did Raina and Jane have in common? | They were both girl scouts | 38 |
| Who founded the Girl Scouts in 1912? | Juliette Gordon Low | 38 |
| Where was the Girl Scouts founded in 1912? | Savannah, Georgia | 38 |
| What did Raina draw on the chalkboard during her and Jane's LDI? | The Girl Scouts logo | 38 |
| What Girl Scouts troop were Jane and Raina in? | Troop 415 | 39 |
| What did the Girl Scouts in Troop 415 do? | Camping, volunteering, cookie sales, and earning badges | 39 |
| What happened when it was Raina's turn to talk in front of the class? | She ran out of the room to the bathroom because she almost pooped her pants. | 42 |

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| Who had stomach aches at school at the same time as Raina? | Andre and Serena | 44 |
| What did Michelle ask Raina in class that made Raina yell? | Are you a poopy diaper baby? | 47 |
| What did Raina have for lunch that made her gag? | Cold leftover artichoke | 55 |
| What was Raina afraid of when her brother, Will, got sick? | That she and the rest of her family would catch it. | 59 |
| What did Raina do to feel better? | Rode her bike 21 times around the courtyard | 61 |
| What did Mr. Abrams say ended the dinosaurs? | A comet | 64 |
| Why didn't Raina want to come inside her own house? | She felt like it was contaminated | 67 |
| What was the name of Raina's therapist? | Lauren | 71 |
| What things were bothering Raina but she had a hard time talking about? | Siblings, school, lack of space, fear of vomit, sickness, comics, mean people, sleep, needles, bees, doctors, surgery, nuclear war, bad grades, snakes, drowning, war, choking, being bad at math, talking, stupidity, death | 75 |
| What was the one word Lauren said that helped Raina talk about her feelings? | try | 77 |
| What freaked out Raina the most? | Vomit and the idea of being sick | 87 |
| What did Michelle say about the water fountain at school? | That pee came out of it. | 91 |
| What did Mr. Abrams want Raina and Michelle to do? | Become allies instead of enemies | 93 |
| What did a typical dinner at Jane's house include? | banchan , tofu, soup, rice, and meat or fish | 95 |
| What is banchan? | Small dishes of food | 95 |
| What is kimchi? | Spicy, fermented cabbage | 97 |
| What did the kimchi make Raina do in the middle of the night at Jane's house? | Have gas (fart) | 100 |

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| What happened after the cabbage in the kimchi gave Raina bad gas? | She became afraid to eat. | 105 |
| What wouldn't Raina's mom eat? | meat | 106 |
| What did Lauren, Raina's therapist, say she seemed preoccupied with? | The things other people eat. | 107 |
| What did Lauren want Raina to try to learn? | How to have control over her fears. | 108 |
| What did Dina say when Raina suggested she go home if she wasn't feeling good? | She said Raina wasn't mature enough to understand. | 115 |
| What did Raina's mother call the age at which kids started acting weird? | puberty | 118 |
| What did Raina's parents do so that Raina could have her own space in their house? | They built a curtain barrier in the middle of their room so Raina could have one side of it. | 123 |
| What bothered Raina about sharing the room with her parents? | Her dad snored | 126 |
| Why couldn't Raina sleep on the couch? | Her grandmother was coming to stay with them for a while. | 126 |
| Where was Raina's grandmother going to live after 6 months of living with them? | In the new senior's community | 127 |
| What did Raina love to do that she was very good at? | Making comics | 130 |
| What did Raina and Jane decide to work on together? | Raina would draw a comic and Jane would write the story for it. | 132 |
| Where did Jane move to? | The suburbs near the airport | 137 |
| What did Jane call her parents? | Umma and Appa | 137 |
| Who did Raina remember from 3rd grade that lived near the airport. | Rosa | 137 |
| What did Michelle do for her LDI? | Demonstrated how to make a Waldorf Salad | 141 |
| What ingredients are in a Waldorf Salad? | Apples, celery, walnuts, and mayonnaise | 141 |
| What level of anxiety did Raina say she felt when kids teased her? | Level five | 150 |

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| What level of anxiety did Raina say she felt when she got scared she was going to throw up? | Eight or nine | 150 |
| What did Lauren teach Raina to do to gain control? | Concentrate on her feet touching the floor and breathing | 153 |
| What happened when Raina wasn't on the bus one morning that upset her world? | Jane sat with Michelle and they made friends | 161 |
| What was Raina's official diagnosis? | IBS - irritable bowel syndrome | 168 |
| What did the doctor say was the most important thing NOT to do to improve IBS? | Stress out too much | 189 |
| What did Jane say might have made Michelle nicer? | puberty | 172 |
| What did Raina talk about for her LDI? | The mind and body | 179 |
| What did Raina tell all the students in her class to think about? | Something that scared them. | 180 |
| What did Raina show her classmates to help them cope with fear? | Deep breathing, focusing on their feet | 181-182 |
| Why did Michelle have to go to the hospital? | She had to have surgery on her intestines. | 187 |
| What idea did Raina have to make Michelle feel better? | For the whole class to make a get well banner for her. | 193 |
| What game involved telling their deepest, darkest secret? | Skeletons in the Closet | 196 |
| What did Raina find out when she admitted that she went to therapy? | Her friends or her friends' family members also went to therapy | 200 |
| What helped Michelle deal with her fear before surgery? | Raina's breathing exercises | 206 |